

A Friend Asks



A Free Smart-Phone App from

The **Jason Foundation**

www.jasonfoundation.com

Nationally...

Over 1 out of 6 young people
"seriously considered suicide"
in the past 12 months.*

(* CDC 2013 Youth Risk Behavioral Survey)

Youth Suicide has been declared a National Health Issue by the U. S. Surgeon General's office.

Suicide is:

- For middle and high school age youth (ages 12-18), suicide is the **2nd** leading cause of death. (2014 CDC WISQARS)
- For college age youth (ages 18-22), suicide is the **2nd** leading cause of death. (2014 CDC WISQARS)
- Over-all, suicide is the **2nd** leading cause of death for our youth ages 10-24. (2014 CDC WISQARS)

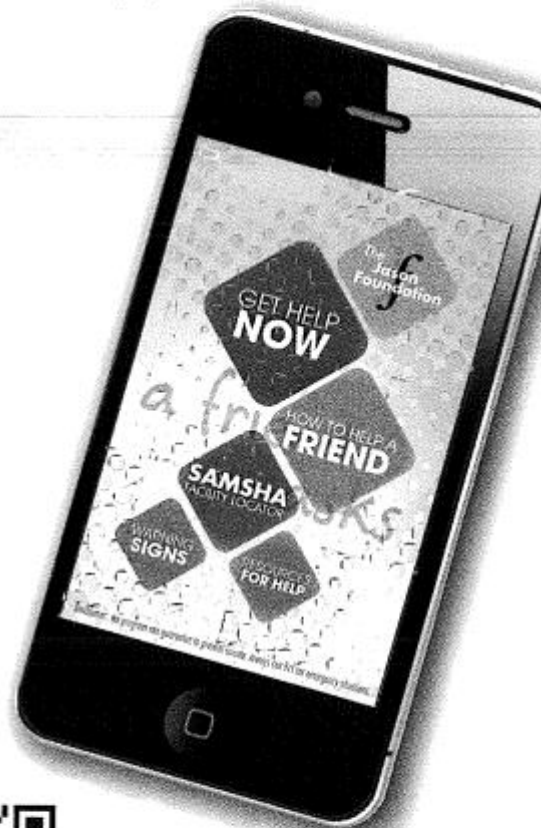
Suicide is not only a leading cause of death for our youth... It is a leading cause of PREVENTABLE death!

Four out of **Five** young people who will attempt suicide will give clear **"Warning Signs."**

A **"Friend"**...especially an **"informed friend"**... can help make a difference to someone who may be struggling with thoughts of suicide.

"A Friend Asks" is a free smart-phone app to help provide the information, tools, and resources to help a friend (or yourself) who may be struggling with thoughts of suicide.

"WARNING SIGNS" and **"HOW TO HELP A FRIEND"** along with other resources are provided as well as the **"GET HELP NOW"** instant connectivity to the National Suicide Prevention "Lifeline" are provided on this free downloadable app.



Available on Apple App Store, Android Market Store, The Jason Foundation website or Scan QR codes.