

Heritage Hills Schools Breakfast & Lunch Menu May 2021

Breakfast is \$ 1.85 and is served with Milk & Fruit Choice and is served from 7:40 to 8:10 in the Middle School and from 7:25 to 8:10 in the High School

BREAKFAST ON THE GO! Middle School Students will be **REQUIRED to take their breakfast into the classroom!**

High School Students will be allowed to take their breakfast into the classroom!

**ALL student Meals
are FREE
until further notice!**

Breakfast Offer vs. Serve: You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

Lunch is \$ 2.35 and is served with Milk & Fruit Choice

Lunch Offer vs. Serve: You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast or Mini Cinni w/Sausage or Frudel w/Sausage	Egg & Cheese Biscuit or Mini Cinni w/Sausage or Frudel w/Sausage	Pancake wrapped Sausage on a Stick or Mini Cinni w/Sausage or Frudel w/Sausage	Breakfast Pizza or Mini Cinni w/Sausage or Frudel w/Sausage	Omelette or Mini Cinni w/Sausage or Frudel w/Sausage
2021	May			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03	04	05	06	07
Subs - Turkey or Ham or Philly Steak & Cheese or Meatball , Green Beans, Lettuce, Sliced Tomatoes, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges	Beefy Nachos w/Chips or Hot Dog or Burger, Corn, Garden Salad, Applesauce, Cranberry Muffin SALAD BAR: Asian Bar w/Rice or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup	Country Fried Steak w/roll or Meatloaf w/Roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple Slices SALAD BAR: Bosco Sticks w/Marinara or Chef Salad, Side Salad, Fresh Vegetable Choices, Apple Slices	Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Chocolate Chip Cookie SALAD BAR: Taco Bar, Black Beans, Refried Beans, Spanish Rice, Fresh Vegetable Choices, Peach Cup	Cheese Pizza Rectangles-Max or Corn Dogs or Fish Sandwich, Fries, BaBy Carrots, Diced Pears SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Diced Pears
10	11	12	13	14
Chunky Chicken Bites w/Mac & Cheese or Corn Dog or Grilled Cheese Sandwich, Green Beans, Garden Salad, Orange Wedges SALAD BAR: Chunky Chicken Bites w/Mac & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges	Homemade Chicken Quesadilla or Beef/Bean Burrito w/cheese or Burger, Spanish Rice, Refried Beans, Garden Salad, Diced Peaches, Snickerdoodle Cookie SALAD BAR: Chili Soup w/Breadstick or Crackers or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup	Salisbury Steak w/roll or Grilled Chicken w/Roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple Slices SALAD BAR: Sub Bar or Chef Salad, Side Salad, Fresh Vegetable Choices, Apple Slices	Pepperoni Calzone or BBQ Rib Sandwich or Fiestada Pizza, Baked Beans, Veggie Cup, Strawberries, Brownie SALAD BAR: Taco Bar, Black Beans, Refried Beans, Spanish Rice, Fresh Vegetable Choices, Strawberries	Cheese Pizza Rectangles-Max or Corn Dogs or Fish Sandwich, Fries, BaBy Carrots, Diced Pears SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Diced Pears
17	18	19	20	21
Chicken Patty Sandwich or Hamburger or Corn Dog, Green Beans, Garden Salad, Tomatoes & Crackers, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges	Max Mozz Sticks w/Marinara or BBQ Rib Sandwich or Grilled Cheese, Corn, Garden Salad, Diced Peaches, Assorted Cookies SALAD BAR: Rattle Snake Bowl or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup	Breaded Pork Steak w/roll or Meatloaf w/Roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Garden Salad, Apple Slices SALAD BAR: Spaghetti w/Breadstick or Chef Salad, Side Salad, Fresh Vegetable Choices, Apple Slices	Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, M&M Cookie SALAD BAR: Taco Bar, Black Beans, Refried Beans, Spanish Rice, Fresh Vegetable Choices, Peach Cup	Pizza Max or Corn Dogs or Fish Sandwich, Fries, BaBy Carrots, Diced Pears SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Diced Pears
24	25	26	27	28
Bosco Stuffed Crust Pizza or Philly Steak & Cheese Sandwich or Hamburger, Glazed Carrots, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges	Chicken Bites w/Breadstick or Orange Chicken & Rice or Chicken Patty Sandwich, Stir Fry Vegetables, Garden Salad, Applesauce, Assorted Cookies SALAD BAR: Asian Bar w/Rice or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup	Country Fried Steak w/roll or Grilled Chicken w/Roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple Slices SALAD BAR: Bosco Sticks w/Marinara or Chef Salad, Side Salad, Fresh Vegetable Choices, Apple Slices	Pepperoni Calzone or BBQ Rib Sandwich or Fiestada Pizza, Baked Beans, Veggie Cup, Strawberries, Assorted Cookies SALAD BAR: Taco Bar, Black Beans, Refried Beans, Spanish Rice, Fresh Vegetable Choices, Peach Cup	Pizza Max or Corn Dogs or Fish Sandwich, Fries, BaBy Carrots, Diced Pears SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Diced Pears