

Heritage Hills Schools Breakfast & Lunch Menu November 2020

Breakfast is \$ 1.85 and is served with Milk & Fruit Choice and is served from 7:40 to 8:10 in the Middle School and from 7:25 to 8:10 in the High School

BREAKFAST ON THE GO! Middle School Students will be REQUIRED to take their breakfast into the classroom!

High School Students will be allowed to take their breakfast into the classroom!

Breakfast Offer vs. Serve: You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

Lunch is \$ 2.35 and is served with Milk & Fruit Choice

Lunch Offer vs. Serve: You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.



**ALL student
Meals are FREE
until further
notice!**

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| French Toast or Mini Cinni w/Sausage or Frudel w/Sausage | Egg & Cheese Biscuit or Mini Cinni w/Sausage or Frudel w/Sausage | Dutch Waffle or Waffle Sticks or Mini Cinni w/Sausage or Frudel w/Sausage | Breakfast Pizza or Mini Cinni w/Sausage or Frudel w/Sausage | Omelette or Mini Cinni w/Sausage or Frudel w/Sausage |

| 2020 | | November | | |
|---|--|--|---|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 02 Chicken Patty Sandwich or Hamburger or Corn Dog, Green Beans, Garden Salad, Tomatoes & Croutons, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges | 03 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Grilled Cheese, Peas, Garden Salad, Diced Peaches, Assorted Cookies SALAD BAR: Rattle Snake Bowl or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup | 04 Thanksgiving Dinner on all lines! Turkey & Gravy w/roll or Glazed Ham w/roll, Dressing, Mashed Potatoes, Corn, Fruit, Pumpkin Cake | 05 Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Peach Cup, Chocolate Chip Cookie SALAD BAR: Taco Bar or Chef Salad, Black Beans, Refried Beans, Spanish Rice, Side Salad, Fresh Vegetable Choices, Peach Cup | 06 Pizza Max or Corn Dog or Fish Sandwich, Fries, BaBy Carrots, Strawberry Cup SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Croutons, Strawberry Cup |
| 09 Bosco Stuffed Crust Pizza or Philly Steak & Cheese Sandwich or Hamburger, Glazed Carrots, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges | 10 Chicken Bites w/Breadstick or Orange Chicken & Rice or Chicken Patty Sandwich, Stir Fry Vegetables, Garden Salad, Applesauce, Snickerdoodle Cookie SALAD BAR: Asian Bar w/Rice or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup | 11 Country Fried Steak w/roll or Grilled Chicken w/Roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple Slices SALAD BAR: Bosco Sticks w/Marinara or Chef Salad, Side Salad, Fresh Vegetable Choices, Apple Slices | 12 Pepperoni Calzone or BBQ Rib Sandwich or Fiestada Pizza, Baked Beans, Veggie Cup, Peach Cup, Oatmeal Cranberry Cookie SALAD BAR: Taco Bar or Chef Salad, Black Beans, Refried Beans, Spanish Rice, Side Salad, Fresh Vegetable Choices, Peach Cup | 13 Pizza Max or Corn Dog or Fish Sandwich, Fries, BaBy Carrots, Diced Pears SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Croutons, Diced Pears |
| 16 Sloppy Beefy Scoops or Grilled Cheese Sandwich or Sloppy Joe Sandwich, Garden Salad, Glazed Carrots, Corn, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges | 17 BBQ Pork Sandwich or BBQ Rib Sandwich or Hamburger, Baked Beans, Garden Salad, Applesauce, Chocolate Chip Cookie SALAD BAR: Chili Soup w/Crackers or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup | 18 Salisbury Steak w/roll or Turkey w/Gravy & Roll or BBQ Rib Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple Slices SALAD BAR: Sub Bar or Chef Salad, Side Salad, Fresh Vegetable Choices, Apple Slices | 19 Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, M&M Cookie SALAD BAR: Taco Bar or Chef Salad, Black Beans, Refried Beans, Spanish Rice, Side Salad, Fresh Vegetable Choices, Peach Cup | 20 Pizza Max or Mini Corn Dogs or Fish Sandwich, Fries, BaBy Carrots, Diced Pears SALAD BAR: Loaded Baked Potato or Cheezy Fries or Chef Salad, Side Salad, Croutons, Diced Pears |
| 23 Chicken Patty Sandwich or Hamburger or Mini Corn Dogs, Green Beans, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese or Chef Salad, Side Salad, Fresh Vegetable Choices, Mandarin Oranges | 24 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Grilled Cheese, Peas, Garden Salad, Diced Pears, Sugar Cookie SALAD BAR: Rattle Snake Bowl or Chef Salad, Side Salad, Fresh Vegetable Choices, Pear Cup | 25 Thanksgiving Vacation | 26 Thanksgiving Vacation | 27 Thanksgiving Vacation |